

## Chickpea Salad

## Perfectly Cooked Chickpeas with a Vibrancy of Mediterranean Flavors

A side dish, salad topper or satisfying meal in its own right, Noujaim's Chickpea Salad is a vibrant culmination of the best and brightest Mediterranean flavors, made with fresh, quality ingredients you'd find in a traditional Lebanese garden. Chickpeas, lemon, vegetables and herbs come together to create this simple, yet elegant dish, which is equally delicious enjoyed cold or hot. Don't just take our word for it; we've heard repeatedly it's one of the tastiest salads our customers have ever had, and we're delighted to be spreading the love.



## Vegan • Gluten Free

## **INGREDIENTS:**

Chickpeas, Water, Fire Roasted Red Peppers (Fire Roasted Red Peppers, Water, Salt, Citric Acid, Calcium Chloride), Soybean Oil, Citric Acid, Olive Oil, Salt, Scallions, Parsley, Black Pepper, Mint.

| Nutrition Facts Serving size 1/2 cup (85g) |               |
|--|---------------|
|  | 1/2 Cup (00g) |
| Calories                                   | 150           |
|  | % Daily Value |
| Total Fat 6g                               | 8%            |
| Saturated Fat 1g                           | 5%            |
| Trans Fat 0g                               |               |
| Cholesterol 0mg                            | 0%            |
| Sodium 500mg                               | 22%           |
| Total Carbohydrate 19g                     | 7%            |
| Dietary Fiber 5g                           | 18%           |
| Total Sugars 3g                            |               |
| Includes 0g Added S                        | Sugars 0%     |
| Protein 6g                                 |               |
| Vitamin D 0mcg                             | 0%            |
| Calcium 39mg                               | 4%            |
| Iron 2mg                                   | 10%           |
| Potassium 210mg                            | 4%            |

Contains Soy.

MAY CONTAIN POTENTIAL ALLERGENS May also contain Egg, Fish, Milk, Peanut, Sesame Shellfish, Tree Nuts, Wheat, Celery, Crustaceans, Gluten, Lupin, Molluscs, Mustard, Sulphites.