



Mediterranean Eggplant

No Occasion Needed

Growing up in a small village in Lebanon, roasted eggplant was a decadent treat reserved mostly for holidays and special occasions. With our Mediterranean Eggplant, we've taken our fond memories of this special dish and transformed it into an everyday indulgence for everyone to enjoy. It all starts by slow roasting the eggplant with tomato, basil and garlic to lock in the vibrancy of flavors. Once cooled, we add a generous portion of fresh parsley and toasted almonds to transform this once hot dish into a bright and satisfying salad that can be enjoyed as a side dish, main dish or anytime treat.

Vegan • Gluten Free

INGREDIENTS:

Roasted Eggplant (Eggplant, Olive Oil), Tomatoes (Tomatoes, Calcium Chloride, Citric Acid), Soybean Oil, Olive Oil, Garlic, Basil, Salt, Pepper.



Nutrition Facts

Serving size	3/4 cup (85g)
Amount per serving	
Calories	90
% Daily Value*	
Total Fat 8g	10%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 5g	2%
Dietary Fiber 2g	7%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 11mg	0%
Iron 0mg	0%
Potassium 139mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Contains Soy.

MAY CONTAIN POTENTIAL ALLERGENS

May also contain Egg, Fish, Milk, Peanut, Sesame, Shellfish, Tree Nuts, Wheat, Celery, Crustaceans, Gluten, Lupin, Molluscs, Mustard, Sulphites.